Contemporary cementation protocols for various types of dental restorations

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The chemical composition and microstructure of dental restorative materials vary significantly depending on the type of material used. These structural differences directly influence a wide range of clinical properties, including mechanical strength, wear resistance, esthetics, biocompatibility, and adhesive performance. Therefore, a thorough understanding of the intrinsic characteristics of each restorative material is essential for selecting the most appropriate luting agent. Furthermore, achieving durable and reliable adhesion requires the accurate application of proper tooth surface pretreatment protocols and cementation techniques that are compatible with the specific restorative material. These procedures are critical to fully optimizing the clinical performance and long-term prognosis of the restoration.

Recent advancements in CAD/CAM technology and restorative materials have led to significant improvements in the precision and efficiency of fixed prosthodontic fabrication and clinical delivery. These developments have enabled the fabrication of highly esthetic ceramic restorations with greater ease and accuracy, expanding their use not only in the esthetically demanding anterior region but also in posterior restorations where functional stability is critical. In parallel with this evolution, surface treatment protocols for the intaglio surfaces of ceramic restorations and the corresponding cementation procedures have become increasingly simplified and user-friendly, thereby reducing the complexity of clinical workflows and minimizing the risk of technique-related errors.

Moreover, both the performance of dental restorative and luting materials, as well as the associated clinical application protocols, continue to improve through ongoing research and innovation. As a result, it is imperative for clinicians to stay up to date with newly developed materials and to understand the evolving protocols required for their optimal use. This extends beyond the mere adoption of new products; it involves mastering the adhesive strategies tailored to each material and applying them appropriately to individual clinical scenarios in order to achieve successful prosthetic outcomes.

This lecture will comprehensively review both conventional and contemporary application protocols for dental restoratives and luting agents. Emphasis will be placed on recently introduced materials and technologies, examining their properties, adhesive mechanisms, and clinical considerations. By exploring current evidence-based protocols, this presentation aims to provide clinicians with practical strategies for achieving predictable and long-lasting adhesive outcomes in daily clinical practice.

Profile

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